



THE SPINNEY  
CARE HOME

# Winter Newsletter

As we welcome 2026 with open arms, our hearts are full of gratitude for the beautiful memories we've shared over the past few months, filled with so much love, laughter, and celebration. I hope you enjoy looking back on these moments that have made the end of 2025 truly special.

## A Christmas cracker!

We began the festive season with 101-year-old Doris switching on our Christmas lights. The home became a winter wonderland, complete with snow and even a few penguins! Everyone enjoyed spending time with our feathered friends, holding them on their knee or stroking them. We stayed cosy with winter warmers, including soup and sausage and cranberry rolls, followed by mince pies and mugs of hot chocolate.



## Centenary celebrations

Resident Ken is a founding member of the West Essex Aeromodelling Club, which started in 1947, so an aeroplane-themed celebration was the only way to go to mark his 100th birthday in September. The former RAF serviceman remains fascinated by planes. Our team take the time to really get to know each of our residents, and it's a pleasure to hear their stories and discover what hobbies and interests bring them joy.

# Spooktacular fun!

Our residents had lots of fun during October with our Halloween-themed activities and crafts, including making Halloween lanterns. These types of activities help to improve our residents' fine motor skills and boost their wellbeing, and there is always plenty of conversation and laughter.



## A song and dance

We marked Remembrance Sunday with a great British knees-up, including a wonderful singer who kept us all entertained with wartime songs. Our residents enjoyed singing along and dancing to some nostalgic tunes from the era. Some of our residents also chose to make beautiful poppy wreaths in our art class, a great opportunity to get creative and share memories.



## Read our reviews

"Mother receives the most fantastic care. She is now a genuinely relaxed and happy person."

**Caroline**

"The staff are caring and helpful. The level of care at the weekend is as good as the weekdays."

**Heather**

"The range of activities available for the residents is excellent and the garden is a joy. We are so glad we found The Spinney."

**Sandra**



With love  
**Lisa Wright | Home Manager**

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Inspected and rated

Good



25 August 2020