



News from
THE SPINNEY
CARE HOME

Dear friends,

We enjoyed the Christmas festivities and have been reflecting on the love, laughter and memories made over the past year. We hope you enjoy our round up of the past few months.



Festive fun

We were in full festive mode when we kicked-off the season with our Christmas lights switch on. Everyone thoroughly enjoyed singing along to their favourite Christmas songs, with a Neil Diamond tribute act leading the way. Residents, their families, and guests were so excited to see our special furry friends – two of Father Christmas' reindeer, before tucking into a delicious buffet. We also had a visit from Chingford Scout Group who performed a carol concert for us. It was a Merry Christmas for everyone at The Spinney!

The Spinney scoops top award



In November, our team's dedication to our residents was recognised at the Great British Care Awards 2023, where we scooped the prestigious Dignity in Care Award! We were praised for "maximising client independence and choice whilst respecting and maintaining privacy and dignity." We are all thrilled to have won this award, it's a great achievement we all are very proud of. Well done to the whole team!



Music for Health

Our residents love sharing their joy for music and keeping active by attending our fun musical fitness sessions. The Music for Health sessions, organised by Mandy and Anastasia, get our residents moving and dancing with a variety of music and percussion instruments. Participants learn new exercises, get to try different musical instruments, and there's always a few interesting facts and quizzes thrown in for extra fun.



Lest we forget

On Remembrance Day our residents took time to honour the memory of those who gave their lives in service to our country. Every poppy worn or displayed throughout the home paid tribute to their courage and bravery. Leading up to this important day, we decided to make poppy bunting with our residents, to decorate the home. It was a great opportunity for reminiscence as residents shared stories and memories, including being evacuated during WWII.



With love,
Vicky Parsons
Home Manager

The Spinney Care Home, 21 Forest View, Chingford, London, E4 7AU Tel: 020 8016 3864

We always love reading your comments on Facebook! Here are a few recent ones:

“Pleased knowing our families are in such good and caring hands! Thank you to all of you.” Imogen

“You all do such amazing work.” Heather

“You are so brilliant for all the opportunities you provide for the residents.” Anne



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