

News from
THE SPINNEY
CARE HOME

Dear friends

We hope, like us, you have been enjoying the winter festivities, cherishing the gifts of love and friendship and looking with excitement to the year ahead. Here is a little round up of what we got up to before we welcomed in 2022!



A cosy autumn

The end of the year brought lots of fun to The Spinney. We kicked things off with lively Halloween celebrations where we played party games in our spookiest fancy dress, donning witches wigs and fancy cat ears! Then instead of carving pumpkins, this year we decided to bring the vibrancy of autumn inside our home by creating some beautiful floral arrangements using pumpkins as vases. We are firm believers in the impact of colour therapy, so as the nights got darker, the flowers' uplifting shades of orange, red and yellow brightened everyone's days and our residents enjoyed the glorious scents that filled the air for weeks!

Remembrance Day

In November our thoughtful residents marked Remembrance Day by creating a poppy wreath for a poignant memorial display in our home. As we gathered together to craft our tributes to the fallen heroes, our residents took great comfort in sharing personal memories and having a sing-a-long of wartime songs. It meant a lot to everyone to be able to pay their respects in this meaningful way. Then on Armistice Day we came together once more to watch the ceremony on television, live from The Cenotaph. It was a calming and reflective day that made us all very grateful to be surrounded by wonderful friends and our loving family at The Spinney.





Keeping happy and active

Our residents love nothing more than spending time with animals, so everyone was delighted when Holly the pet therapy dog popped by over the holiday season! Holly always spends one-on-one time with each of our residents and enjoys her cuddles as much as we do! Of course, it's not just our furry friends who bring joy to The Spinney! Anastasia, who leads our residents in fun music and movement sessions, is always a joy to welcome into our home! No matter how we feel when we start, after singing and dancing and playing instruments, everyone comes out of these sessions filled with energy!



A fun filled festive season

As soon as December arrived our home was filled with festive cheer. We decorated each room with glittering trees, winter murals and cosy festive scenes. Our residents had a wonderful time making Christmas crafts, hosting parties and a Yuletide carol concert. We also welcomed some very special guests to our home; first was a reading by visiting BBC actor Saul Marron, then the delightful children of Normanhurst School who had made personalised cards for our residents! On the Big Day itself, we all gathered round dressed in our festive finest to enjoy a wonderful meal together. We pulled crackers, told jokes and shared our favourite memories of Christmases gone by. Great fun!



We wish you a Happy New Year from our home to yours.

Vicky Parsons
Home Manager

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We always love reading your comments on Facebook! Here are a few recent ones:

"What an impact you've made on our family and countless others with your skills, energy, warmth and compassion." Adam

"It looks like a really good time was had by all. Lovely!" Gill

"Thanks to all at The Spinney for making mum's birthday so special x" Barrie



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