

News from



THE SPINNEY CARE HOME

Dear Friends

The glorious summer sunshine has brought our residents and team members many joyous days these past few weeks and we are delighted to share some of them with you here!



Adventurous days



Our residents are always up for an adventurous day out and so we knew the perfect place to take our thrill seekers this summer! North Weald Airfield was an important fighter station during the Battle of Britain and is now home to a stunning fleet of spitfires and helicopters. Our residents were in awe as they got to watch the planes take off and land, and even got up close to the historic planes on the tarmac. As if that wasn't exciting enough, we later visited Lea Valley White Water Rapids. Our residents had a wonderful time as they gathered at the launch pool to watch the teams set sail in their dinghies. Great fun!

Celebrating together

We may have narrowly missed out on winning the trophy but the England football team succeeded in one major triumph that was perhaps more meaningful - uniting the entire nation. Our residents and team members gathered round the big screen for every game of Euro 2020, flags in hand, ready to cheer on the players. We shared laughter, joy and a few beers! Even the non-football-fans got swept up the excitement of the occasion, after all, here at The Spinney we love any reason to break out the bunting and have a good old party! After every win we popped on the music and our residents had a boogie and sing-a-long - it's been a summer of pride!



Meaningful moments



There's never a dull moment at The Spinney Care Home and every day our residents come together for fun-filled activities around the home. Lately, we have been enjoying group scrapbooking sessions, where residents gather together in the dining room and pour their creativity into personalised scrapbooks, over a cup of tea and a piece of cake! It's been a wonderful way to reminisce and share meaningful memories with new friends! Speaking of friends, we've also been blessed with many special visits from our gorgeous therapy dog Holly who brings so much joy to all our residents. Whether it's a group play session or a one-to-one cuddle, Holly never fails to make our residents smile!



Summer fun in the sun



We recently spruced up our garden ready for long, lazy summer days. Under the watchful eye of residents Connie, Frances, Margaret and Doris, it's been out with the slate paving and in with ornamental rocks and 3 tons of seaside shingle! The beautiful weather has seen us spend as much time outside as possible! We've had a seaside themed BBQ, complete with tropical fruit trolley, summer games, and entertainment courtesy of our talented team member, Debbie, who had us singing all the old classics. Now we've created the perfect space for dining alfresco, sharing ice creams in the sun and enjoying a spot of quiet time reading a book in the shade. Sometimes it's the simplest things that bring the most joy!



With love,
Vicky Parsons
Home Manager

The Spinney, 21 Forest View, Chingford, London, E4 7AU Tel: 020 8016 3864

**We always love reading your comments on Facebook!
Here are a few recent ones:**

"So lovely to see Vera's giant smile." Dawn

"Ahh thank you so much for taking mum out xx" Theresa

"Thank you to all of staff for looking after nan and all other residents, for keeping them comfortable, safe and above all happy." Berni



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